



Reykjavik, Iceland
Hilton Reykjavik Nordica
September 25-26, 2021

Course Schedule

Saturday, September 25

8:30 am- Registration & Check in
9:00 am- 1:00 pm- Patient assessment & Practical skills
1:00pm-2:00pm- Lunch
2:00 pm- 5:00 pm- Wilderness Medicine Victim Scenarios

*Practical scenarios will be ran by all instructors

Sunday, September 26

9:00am-10:00am HEENTS
10:00am-11:00am- Infectious Disease
11:00am-12:00pm- Medical Problems
12:00pm-1:00pm- Lunch
1:00pm-5:00pm- Wilderness Medicine Testing Scenarios

Onsite Sign-in

There will be onsite sign in for the course on Saturday morning from 7:00 AM to 8:00 AM at the Hilton Reykjavik Nordica conference room. You will receive your printed textbook and course program at that time. Sign-in is required so that we have an accurate record of your attendance for Continuing Medical Education credits

Course Description

“Learn the skills to prevent medical problems; reduce suffering and save lives in non-traditional medical settings

- Earn your Advanced Wilderness Life Support certification
- Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment and evacuation protocols
- Practice your skills in live scenarios with our expert instructors
- Obtain up to 24.5 hours of category 1 CME*
- Receive Wilderness Medical Society Fellowship credits

The Hybrid AWLS course will be an exciting new format for us. Following completion of 12 Online Modules to cover the didactic portion of the AWLS curriculum, students will meet in person for the practical skills component. Following a opportunity to review questions from the modules, we will dive into practical skills and wilderness victim scenarios. This means the two days in Reykjavik will be spent almost entirely outside on doing hands-on practical skills.

Course Objectives

To provide a practical foundation in Wilderness Medicine for medical professionals

To teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available

To train the provider in methods for managing medical and trauma emergencies and urgencies in the wilderness when evacuation is unavailable or unnecessary

Topics Include:

- ❖ Patient assessment
- ❖ Trauma
- ❖ Medical problems
- ❖ Infectious disease
- ❖ Head, Ear, Eye, Nose, Throat, Skin
- ❖ Animal & insect Bites
- ❖ Musculoskeletal injuries
- ❖ Wound management
- ❖ Water treatment
- ❖ Hyperthermia, hypothermia & frostbite
- ❖ Medical kits
- ❖ Lightning
- ❖ HAPE/HACE
- ❖ Dive Medicine



Continuing Education Credits

The Wilderness Medical Society designates this Hybrid activity consisting of both online education and in-person practical skills for a maximum of 24.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American College of Emergency Physicians: Approved by the American College of Emergency Physicians for a maximum of 24.50 hour(s) of ACEP Category I credit.

American Academy of Family Physicians: Approved by the American Academy of Family Physicians for a maximum of 24.5 hours of AAFP Category 1 credit.

PHYSICIAN ASSISTANTS: The American Association of Physician Assistants accepts Category 1 CME approval from organizations accredited by the ACCME.

OTHER PROFESSIONALS: Check with your governing entity to determine usefulness of *AMA PRA Category 1 Credits*[™].

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Wilderness Medical Society and AdventureMed. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

YOU WILL RECEIVE YOUR CME CERTIFICATE FROM THE WILDERNESS MEDICAL SOCIETY APPROXIMATELY 4-6 WEEKS AFTER THE COMPLETION OF THE COURSE

CONTRIBUTING FACULTY

Aaron R. Billin, MD, MS, FAAFP, FAWM
 Emergency Medicine, Riverton Memorial
 Hospital, Riverton Wyoming
 Wilderness Medical Society - Board of
 Directors/Chairman, Membership Committee
 Medical Director, Fremont County EMS Medical
 Director, Wind River Health Systems, Inc.
 Fremont County Search and Rescue, Riverton
 Division
 Auxiliary Faculty, University of Utah School of
 Medicine, Clinical Instructor in Family and
 Preventative Medicine

David Della-Giustina, MD, FAWM
 Chairman of Emergency Medicine Madigan
 Army Medical Center Tacoma, Washington

Loren W. Greenway Ph.D. FCCP, FAWM
 Program Director
 Academy of Wilderness Medicine
 Board Member Wilderness Medical Society
 Administrative Director Pulmonary / Critical Care
 LDS Hospital
 Salt Lake City, Utah

Collin Grissom, MD
 Assistant Professor of Medicine, University
 of Utah, School of Medicine Co-director,
 Shock Trauma ICU, LDS Hospital
 Salt Lake City, Utah

DeVon C. Hale, MD
 Professor of Medicine & Pathology Division
 of Infectious Disease University of Utah
 Salt Lake City, Utah

David Hile, MD
 Department of Emergency Medicine
 Madigan Army Medical Center Tacoma,
 WA

Richard Ingebretsen, MD, PhD
 Professor, Department of Medical Physics
 Adjunct Instructor, Department of Medicine
 University of Utah
 Salt Lake City, Utah

Scott McIntosh, MD
 EMS Fellow, Division of Emergency
 Medicine
 University of Utah
 Medical & Rescue Physician,
 Denali High Altitude Base Camp
 Salt Lake City, Utah

Robert Quinn, MD, FAWM
 Associate Professor of Orthopedic Surgery,
 Director Orthopedic Residency Program,
 University of New Mexico School of
 Medicine, Albuquerque, NM

Gregory Stiller, MD
 Emergency Medicine Physician Sky Ridge
 Medical Center. Denver, CO
 Sky Ridge Medical Center, Emergency
 Medical System
 Medical Director Douglas County Search and
 Rescue
 Medical Director EMD Colorado State
 Police

Ian Wedmore, MD, FAWM
 Assistant Chief, Dept. of Emergency
 Medicine
 Madigan Army Medical Center
 Tacoma, Washington

*Note: Listed Faculty may not lecture at every
 conference. A final schedule will be provided
 prior to each course.*

*All AWLS faculty have signed disclosure
 statements that they have no relevant financial
 relationships with any course sponsors.*



Course Materials

The textbook is available at the awls.org website as a digital download. You will be emailed a registration confirmation with the password to access the download. You will receive a hard copy of the AWLS textbook at the time you sign in for the course. The printed and e reader version of the textbook is also available for purchase from our publisher Amazon.com, if you would like a copy of the text shipped to you in advance of the course.

About Reykjavik

The Advanced Wilderness Life Support course will be hosted at the Hilton Reykjavik Nordica Hotel in the heart of the education district of Reykjavik. The hotel boasts views of both mountains and glaciers, and the spacious meeting rooms will provided easy access to outdoor spaces for easy transitions between lecture and hands-on skills practice. For more information on Reykjavik, visit: <https://adventures.is/information/reykjavik-icelands-capital-city/>

Lodging

The conference is being held at the Hilton Reykjavik Nordica, Reykjavik, Iceland. Located in the center of the city with scenic views of the landscape and downtown, this is an amazing place to stay, central to any activities you are planning. Many other lodging opportunities are available in the city.

For other lodging options, you can visit:

<https://guidetoiceland.is/reykjavik-guide/where-to-stay-in-reykjavik>



Transportation

When it comes to public transportation (called Strætó in Icelandic) Reykjavík has an excellent bus system with regular services to and from all the city’s major towns and attractions. For information, access to their convenient destination planner and free travel app, visit <https://www.straeto.is/en>

If you choose to explore Reykjavík by bus you might also want to consider investing in the Reykjavík City Card. The card gives you 24, 48 or 72 hours unlimited travel on the city busses as well as admission to major attractions and discounts at shops and restaurants.

There is also a great website which has information on all public transportation offered in Reykjavík and Iceland.

Clothing and Other Equipment

The average temperature for this area in September ranges from an average low of 42°F to an average high of 51°F. The course will be held rain or shine, so participants should bring rain gear and warmer layers to account for unexpected cold or precipitation. Hats and sunscreen are recommended for sun protection. All equipment and supplies for the hands-on teaching sessions will be provided.

Registration

Register online at www.awls.org

COST SUMMARY (Payable at time of registration)

Doctoral – Physicians	\$795
Non-doctoral – Nurse/PA/EMT/Paramedic:	\$550
Non-doctoral – Resident or Student:	\$550

Course includes 24.5 CME credits, Course and Materials

Excluded: Transportation, Lodging, and meals except light breakfasts

Cancellation Policy: No refunds will be given within 30 days of the date of the start of the conference. If you need to cancel within the 30-day period, we will apply your payment to a future AWLS course of your choosing to be used within two years of the date of the cancelled course. All refunds are subject to a 10% processing fee.

For additional questions, information, visit the AWLS FAQs page on our website www.awls.org or contact Advanced Wilderness Life Support and AdventureMed by e-mail at info@awls.org or by phone: 801-512-0055

SEE REGISTRATION FORM ON LAST PAGE



Registration and Further Information

Register online at www.awls.org

COST SUMMARY (Payable at time of registration)

Doctoral – Physicians	\$795
Non-doctoral – Nurse/PA/EMT/Paramedic:	\$550
Non-doctoral – Resident or Student:	\$550

Included: 24.5 CME credits, course and materials

Excluded: transportation, lodging, meals except breakfast

Cancellation Policy: No refunds will be given within 30 days of the date of the start of the conference. If you need to cancel within the 30-day period we will apply your payment to a future AWLS course of your choosing to be used within two years of the date of the cancelled course. All refunds are subject to a 10% processing fee.

For additional questions, information, visit the [AWLS FAQ page](#) on our website or contact Advanced Wilderness Life Support and AdventureMed by e-mail at info@adventuremed.com or by phone: 801-512-0055